

Touch

With love and consent



March 14 - Tel Aviv

Workshop about The Wheel of Consent with Lorenzo Stiernquist (Sweden)

Learn the art of conscious touch and how to be touched in the way that you really want.

You will learn more about:

- consent and boundaries
- how you can wholeheartedly give and receive a gift
- the art of taking (with consent)
- how to communicate better and ask for what you need
- the difference between what you want and are willing to
- the difference between direct and indirect pleasures
- how the shadow side works and can be avoided
- how you can stop pleasing others and create real change in your life



We will do **exercises with touch** (with consent of course) and learn about The Wheel of Consent.

The Wheel of Consent is a method that is created by **Betty Martin** (bettymartin.org), which is about how you can **serve, accept, allow** and **take** with consent. All four of these aspects have its own challenges, shadows and most of all the gift of more pleasure and better relationships.

Better sex

We will not be naked, and you will not learn sexual positions, but your intimate relations and your sex life can be incredibly much better the more you learn about The Wheel of Consent. And you can experience the magic that occurs when two people wholeheartedly says YES to what is happening.

Lorenzo Stiernquist is a tantra teacher and a Sexsibility coach. He has attended Betty Martin's training *Like a Pro* twice and has held several workshops around The Wheel of Consent.

He is the founder of Sexsibility Coach Training and [the Sexsibility Festival](#) (June 14-18 in Sweden).

In his work he focuses on pleasure, healing, spirituality and how you can experience sex and intimacy on a deeper level. **Website:** www.starspray.com **Facebook:** www.facebook.com/lorenzo.stiernquist

Date and Time: March 14 (Tuesday), 3:00 pm – 10:00 pm (1 hour dinner break)

Location: Tel Aviv (you get the address after you signed up)

Price: 350 ₪ (food is not included in the price)

Registration and more information:

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web address
to this information

Welcome!